Insurance/Chamber/Hospital Info:
1. Contact UCSB work comp. (877-682-7778), your supervisor and the Diving Safety Officer (805-451-5099) to report the injury.
2. Contact UC Travel Assist Program when out-of-state/country (1-888-451-7606 (inside US) / 1-202-828-5896 (outside US)
3. When checking in at the hospital/clinic/ER:
   - If you are UCSB employee (i.e. on payroll), your work comp insurance is “Sedgwick CMS”.
   - If you are not a UCSB employee (i.e. student/intern), provide your own medical insurance card.
4. Within 24hrs submit an Incident Report Form available online: http://www.workcomp.ucsb.edu/reportingprocedure.htm

Evaluation/Evacuation Options
- Ridley-Tree Center for Wound Management: (805) 696-7920
  Contact ER after hours: (805) 967-3411
  Goleta Valley Cottage Hospital 351 S. Patterson, Goleta 93111
- Hyperbaric Center for Advance Healing (818) 629-8988
  23164 Ventura Blvd, Woodland Hills, CA 91364
- Sherman Oaks Hospital: (818) 205-1995
  4911 Van Nuys Blvd, Sherman Oaks, CA 91403
- UCLA Chamber (24/7): (310) 794-9014
  200 Medical Plaza, Suite B265-29, Los Angeles, CA 90095
- Catalina, USC Chamber (24/7)
  Emergency Only (310) 510-1053
- Occupational Medicine Center (805) 898-3311
  Sansum Clinic 101 S. Patterson
- Goleta Valley Hospital (805) 967-3411
  351 S. Patterson ER (805) 681-6473
- SB Cottage Hospital (805) 682 7111
  400 W. Pueblo St ER (805) 569-7210

Emergency Review of General Procedures

Depending on and according to the nature of the diving accident, stabilize the patient, administer 100% oxygen, and initiate the local Emergency Medical System (EMS) for transport to nearest medical facility. Explain the circumstances of the dive incident to the evacuation team, medics and physicians. Do NOT assume that they understand why 100% Oxygen may be required for the diving accident victim or that recompression treatment may be necessary.

1. Rescue victim and/or position so the proper procedures may be initiated.
2. Establish (A)irway, (B)reathing and (C)irculation as required.
3. Administer 100% oxygen, if appropriate.
4. Activate the local EMS for transport to the nearest appropriate medical facility. The local EMS will vary from site to site and it must be stated in dive plan.
   - Local EMS Contact Info:

5. Contact if further evaluation or possible evacuation is necessary:
   - U.S. Coast Guard Rescue Coordination Center Emergency Only: 1(800) 221-8724 or Ch. 16
   - Divers Alert Network Diving Emergency number: (919) 684-9111
   - OUT-OF-STATE/COUNTRY: UC Travel Assistance Program 1-866-451-7606 & 202-828-5896 (outside US)
6. Contact Diving Safety Officer (805 451-5099) and Emergency Contact Person.
   If it is not a medical emergency, but there is a concern that a diver may have a decompression illness then:
   - Administer 100% oxygen
   - Contact Diving Safety Officer (DSO) and Emergency Contact Person
   - Contact the Diver’s Alert Network and/or the local chamber as stated in Dive Plan
# Diving First Aid

## CPR

- Assess the scene
- Check responsiveness: “Are you ok?”
- Alert EMS: Call 911, VHF Channel 16 (Bystander assist)
- Control any severe bleeding with direct pressure

1. **AIRWAY**: head-tilt, chin lift.

2. **BREATHING**: quickly look in mouth for airway obstruction give 2 normal breaths until the chest rises clear airway if necessary.

3. **COMPRESSION**: look, listen, feel (5-10 secs). If the victim is not breathing, begin 30 compressions.

4. **AED**: Deliver 1 shock as prompted by the AED followed by immediate CPR.

**CPR**: 30 Compressions / 2 Breaths  
*about 3 cycles per min*

## DIVING ACCIDENT MANAGEMENT

1. Rescue victim and primary assessment
2. Alert local EMS as detailed in dive plan
3. CPR and/or administer First Aid including 100% oxygen
4. Secure victim’s dive computer and scuba equipment
5. Contact Diving Safety Office
6. Submit accident Report

### PHONE NUMBERS

- **UCSB DIVING SAFETY CELL**: (805) 451-5099
- **DAN**: Emergency Hotline - (919) 684-9111
  Information only (m-f, 9-5) – (919) 684-2948
- UC Travel Assistance Program (out-of state/country)  
  1-866-451-7606 (inside US) / 202-828-5896 (outside US)

### OXYGEN ADMINISTRATION

**AIRWAY**  
**BREATHING**  
**CIRCULATION**

**BREATHING DIVER**  
**NON-BREATHING DIVER**

- Demand Mask  
- Non-Rebreather Mask (10-15 lpm O2)  
- Pocket Mask or Pos. Pressure Ventilate w/O2

### FIELD NEURO-EXAM

1. **Orientation**: name, place and time
2. **Eyes**: movement, peripheral vision, and pupil size
3. **Face**: sensation, smile, bite and whistle
4. **Hearing**: hearing equal on both sides, abnormal sounds
5. **Swallow**: watch Adam’s Apple
6. **Shoulders**: shrug resistance
7. **Arms and hands**: sensation, grip strength, resistance
8. **Legs**: balance check, leg strength and resistance

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[http://www.ehs.ucsb.edu/dive](http://www.ehs.ucsb.edu/dive)